



Week 23

JV Girls Basketball

Coaches: Dave MacNeil (dmacneil@truro.ca) and Megan Fitzgerald

Manager: Allison Stuart

Roster:

Katelyn Stuart

Abbie Langille

Macy Evans

Olivia Searle

Katie McNutt

Emma Hayman

Spencer Jackson

Madalane MacDonald

Eniola Oshikoya

Olivia Cochrane

Arpan Lotey

Holly Rafuse

Results:

W 58-53 vs Northumberland Wednesday, Feb. 6

Thank you to our team and to our coaches on a great season!

JV Boys Basketball

Coaches: Brad MacKinnon (bradmackinnon@outlook.com) and Bruce Steeves

Roster:

Parker Steeves

Ben Lauther

Jarrin MacLean

Tobi Oshikoya

Jacob Shannon

Austin Southern

Michael Ritacco

Chet Scammell

Chris Smith

Noah Berniquer

Daniel Dahr

Avery MacPhee

Results:

Northumberland Region CHAMPIONS!!!

Saturday, Feb 9 @ CEC

W 88-55 vs Dr. JH Gillis @ 10 AM

W 115-55 vs North Nova - *Regional Championship Game*

Schedule:

Feb 21-23 NSSAF Provincial Championships (host: Highland region champion TBD)

V Girls Basketball

Coaches: Darrell McLellan (McLellanD@ccrce.ca), Paul MacIsaac and Taran Jordan

Roster:

Maddie Greatorex

Jillian Higgins

Hannah Roberts

Chelsea MacIsaac

Leah Adams

Kamaya Costandi

Alex Cook

Frankie Sylliboy

Jasmine Atkinson

Results:

W 59-36 vs Dr. JH Gillis Wednesday, Feb 6 @ Antigonish

Schedule:

Tuesday, Feb 12 vs Dr. JH Gillis Regional Semifinals 6:30 **PACK THE GYM!!!**

Thursday, Feb 14 Regional Finals TBD @ NNEC

TBD Feb 23 NSSAF Qualifying to be completed

TBD Feb 28 - March 2 NSSAF Provincials (host: Highland region)

V Boys Basketball

Coaches: Marc Roberts (robertsm@ccrce.ca), Shelly Roberts and Richard Bennicke

Roster:

Ethan Dahr

Graham Thurston

Newt Glasgow

Tyree Desmond

Daryen Reddick

Sam Hyde

Matt Jones

Adonis Aggabao

Joey MacDonald

Rainier Magboo

Max Ashton

Results:

W 59-36 vs Dr. JH Gillis Wednesday, Feb 6 @ Antigonish

Schedule:

Thursday, Feb 14 Regional Finals vs NNEC or NRHS @ #1 (CEC) 6:30 **PACK THE GYM!!!**

TBD Feb 23 NSSAF Qualifying to be completed

TBD Feb 28 - March 2 NSSAF Provincials (host: Western region)

Wrestling - Girls & Boys Teams

Coaches: Hans Budgey (BudgeyH@ccrce.ca), Shonalee Johnson and Connor Pierce-Pryor

Student Manager: Souhail Sleiman

Roster:

Adrian Berron Pina

Lincoln Bradford

Colin Chisolm

Emma Chisolm

Jacob Cope

Paul Foll

Delaney Ferguson

Nikolai Foerster

Martina King

Eric Lee

Connor MacKenzie

Damian MacPherson

Hayden Malay

Jake Millican

Laura Mingo

Umut Nayer

Seth Priest-Atkinson

Ben Prokop

Lucas Rushton

Tavish Rutherford

Arsh Singh

Results:

Schedule:

March 1 NSSAF Regionals

March 2 NSSAF Provincials

Girls Hockey

Coaches: Dale Miller (dalekmiller@gmail.com), Scott Masters (scott.masters@eastlink.ca), Bailee Oderkirk and Rhiannon Roy

Roster:

Halle Faulkner

Haley Spencer

Natalie Porter

Jordyn McNutt

Maddie Phillips

Sarah Scammell

Lauren Miller

Annika Masters

Avery MacLeod

Jenna MacLean

Reagan Bouma

Shawndelle Fancy

Holly Masters

Emma MacMillian

Mykaela Sherry

Kwankaw Boonyapakorn - Nin

Results:

Schedule:

Monday, Feb 11 vs Northumberland Regional 7:00 @ Trenton

Regional Championships must be completed by March 2

March 8, 9 & 10 NSSAF Provincial Championships (Northumberland region: host)

Boys Hockey

Coaches: Jeff Hazelton (jeff.hazelton@bellaliant.net), Andre Robichaud, Tom Whidden and Vince MacCormack

Manager: Jennifer Ferguson

<http://www.leaguelineup.com/welcome.asp?url=ceccougars>

Rosters:

Cody Patriquin

Zach Richards

Braden Gray

Joseph Fagioli

Jeremy O'Connell

Calum MacLeod

Tyson Ingram

Randy Milliea

Keegan Grady

Cameron DeGroot

Liam Atwater

Brody Schmitt

Matt Melanson

Hayden Kolke

Drew Mumford

Jackson Haight

Cody MacDonald

Rylan McIntyre

Aiden Pitcher

Steven Jackson

Results:

W 5-1 Monday, February 4 @ Antigonish

W 5-4 Thursday, February 7 vs Dr. JH Gillis 6:30 - Truro Stadium

"We Care About Cancer Fundraiser Game"

Thank you so much for your support!

W 3-2 Sunday, February 10 @ Hants East 11:00 AM - Lantz

Schedule:

League Championship Tournament

Cougars finish in 1st after regular season!

Host semi-final Friday 7:00 vs winner of the 4/5 play-in game

TBD for Saturday

With a loss consolation 5:30

With a win championship 7:30

Regional Championships must be completed by March 2

March 8, 9 & 10 NSSAF Provincial Championships (Highland region: host)

Downhill Skiing

Coaches: Ted MacPhee - MacPheeT@ccrce.ca, Shawn Casey

Roster:

Sean Gallie

Luke Henley

Sara Johnson

Will Mahoney

Olivia Stevenson

Results:

Schedule:

Tuesday, February 12 @ 10 AM - Ski Wentworth

Tuesday, February 19 @ 10 AM - Ski Wentworth

Tuesday, February 26 @ 10 AM - Ski Wentworth

Wednesday, March 6 TBD NSSAF Provincial Championships @ Ski Wentworth

Curling: Girls, Boys and Mixed Teams

Coaches: Ron Smith (SmithRG@ccrce.ca)

Rosters: TBD

Results:

Schedule:

February 26 & 27 NSSAF Regional Championships @ Brookfield Curling Club

Girls

Tuesday

8:00 AM vs Pictou Academy

1:00 PM vs Guysborough Academy

Wednesday

1:00 PM vs Pugwash District

3:30 PM vs South Colchester Academy

Mixed

Tuesday

8:00 AM vs Amherst Regional

10:30 AM vs Pugwash District

1:00 PM vs South Colchester Academy

Boys

Tuesday

10:30 AM vs South Colchester Academy

3:30 PM vs Pugwash District

March 28, 29 & 30 NSSAF Provincials hosted by CEC @ Truro Curling Club

Badminton

Coaches: Nigel Power PowerNS@ccrce.ca, Richard Bennicke, Chris Ross and Marc Roberts

3rd try-out - Wednesday night @ 5:30

Rosters: TBD

Results:

Schedule:

Tuesday March 26 - Districts Championships - Senior - Team and Individual Events

Wednesday March 27 - Districts Championships - Intermediate - Team

Thursday March 28 - Districts Championships - Intermediate - Individual Events

TBD NSSAF Regional Championships April 2 & 3 @ Dr. JH Gillis (Antigonish)

TBD NSSAF Provincial Championships April 12 & 13 @ CEC

Table Tennis

Coaches: Steven Dukeshire - steven.dukeshire@bellaliant.net

Next sessions Feb 12 & 14 - 7:30 to 9:30 Voc. Gym

Rosters: TBD

Results:

Schedule:

TBD NSSAF Provincial Championships May 10 & 11

Girls Rugby

Coaches: Meghan MacEachren - hjnwx@stu.ca, Ashley Giddens, Samantha Ellis and Dan Mosley

Manager: Amy Decoste

Rosters: TBD

Results:

Schedule:

TBD NSSAF Provincial Championships May 31 and June 1

Boys Rugby

Coaches: Robert Foley - robertmalcolmfoley@gmail.com, Ian Johnstone and Kevin Dawe

Rosters: TBD

Results:

Schedule:

TBD NSSAF Provincial Championships May 31 and June 1

Spring Sports:

Girls Slo-Pitch (NSSAF Start-up Date March 1) - contact Kelly Quinn - KQuinn@truro.ca

Track & Field (NSSAF Start-up Date March 1)- contact Iain LaPointe - LaPointel@ccrce.ca

Current Clubs:

Truro Badminton Club - contact Nigel Power - PowerNS@ccrce.ca

Next session Monday, Feb 11 - 7:30 to 9:30 CEC Gym

Truro Lions Throwing Club - contact Nathan Burris - nathan-burris@hotmail.com

Next sessions Feb 11 & 13 - 7:30 to 9:30 Voc. Gym

Completed Seasons:

Fall Sports:

Golf (Coach Kevin Hayden) - Northumberland Region Champions! Boys **team finished 2nd** at provincials @ Le Portage, Cheticamp.

Baseball (Coaches Scott MacGillvray and JP Wood) - Northumberland Region Champions! **Team finished 1st** at provincials hosted in Kentville and Hansport.

Cross Country (Lisa Wood and Kelly Quinn) -

Intermediate Girls - 3rd Northumberland Region. **Team finished 8th** at provincials @ Le Portage, Cheticamp.

Senior Girls - Northumberland Region Champions! **Team finished 5th** at provincials @ Le Portage, Cheticamp.

Senior Boys - Northumberland Region runners-up. **Team finished 7th** at provincials @ Le Portage, Cheticamp.

JV Girls Soccer (Coaches Emily Reilly, Andrew Reilly, MacKenzie Rathgeber and Tim Trites) - Northumberland Region Champions! **Team finished 4th** at provincials hosted by CEC.

Boys Soccer (Coaches Jay Foster and Hans Budgey) - Northumberland Region Champions! **Team finished top 8** in the province.

Girls Soccer (Coaches Trevor Gordon and Kate Adams) - Northumberland Region runners-up. **Team finished 3rd** at provincials hosted by Halifax West.

Football (Coaches Brent MacPhee, Shawn Davison, Tom Shreve, Ted Fitzgerald, Rob Harris, Andre Robichaud, Les Mullings, Todd Croft, Michael MacMillan and Troy Payson, Trainer: Jeff MacKinnon, Student Managers: Rachel Tooker and Alex Fagan) - **Finished 2nd** in their division. **Team finished top 6** in the province.

JV Girls Volleyball (Coaches: Hilary Cormier and Carrie Peck) - Northumberland Region Champions! **Team finished 1st** at provincials hosted at CEC.

Girls Volleyball (Coaches: Bob Piers, Suzanne Fougere and Ally Fanning) - Northumberland Region Champions! **Team finished 2nd** at provincials hosted in Bridgewater.

Boys Volleyball (Coaches: Harvey MacEachern, Taunya Pynn-Crowe, Paul Tufts and Gunther Foerster) - Northumberland Region Champions! **Team finished 1st** at provincials hosted at Auburn Dr. & Dartmouth High Schools.

Winter Sports:

JV Girls Basketball (Coaches Dave MacNeil and Megan Fitzgerald, Manager: Allison Stuart) - **5th** in Northumberland Region.

Go Cougars!